



BERNWOOD
CATERING CO.
239.777.5137

Luncheon Menu

BernwoodCatering.com

- Full Service Catering • Event & Menu Planning • Passed Butler Appetizers • Beverage Services • Equipment Rentals • Staffing
- Table Rentals • Venues Indoor & Outdoor Catering: Pick-up / Drop-offs / Drop-off & Set-ups / Full Service Catering

APPETIZERS / DISPLAYS

- Fresh Seasonal Fruit - Mirror Display, Skewers or Bowl
- Southwest Quatro Display - House-made Chips and Salsa with Pico, Roasted Corn & Mango Black Bean Salsa, House-made Guacamole and Bacon Spinach Dip
- Bruschetta Roasted Garlic Crostini - Feta Cheese, Fresh Basil, and Tomato
- Tequila Lime Cilantro Shrimp - Small Plates, Bowl or Display
- Assorted Appetizers - Display or Passed Mini Butler Selections - Select from our "Mini Butler Appetizer Menu"

SOUPS/CHILI

- Soup Du Jour (Ask about our soups of the day)
- Tex Mex Chili

ARTISAN SALADS (add Chicken, Shrimp, Steak, Salmon or Grilled Fish to any Salad)

- Caesar Salad - Romaine Lettuce, Shaved Parmesan Cheese, House-made Croutons with Caesar Dressing
- Italian Garden Salad - Mixed Greens tossed with Fresh Roasted Marinated Tomatoes
- Tomato Garden Green Bowl - Marinated Fire Roasted Tomatoes, Kalamata Olives, Onions, Peppers, and Roasted Garlic with Herbs
- Pear and Arugula Salad - Spring-Mix tossed with Candied Walnuts and Dried Cranberries
- Waldorf Salad - Mixed Greens tossed with Fresh Apple Slices, Candied Walnuts, Dried Cranberries and served with Poppy Seed or Mango Chardonnay Dressing
- Spinach and Strawberry Salad - Fresh Spinach Leaves, Fresh Strawberries, Dried Cranberries, Red Onion, Candied Walnuts and Pecan Bacon served with Poppy Seed or Mango Chardonnay Dressing
- Fresh Seasonal Fruit Salad Plates - with Honey Greek Yogurt
- Persian Salad - Cucumbers, Onions, Herbs, Feta Cheese and Citrus
- Roasted Root Veggie Salad - Turnips, Carrots, and Beets
- Broccoli Salad - Broccoli florets, Carrots and Dried Cranberries with Island Slaw Dressing
- Chickpea Salad - with Tomatoes and Cucumber served with a Mediterranean Feta Dressing
- Mediterranean Couscous Salad - Tomato, Red Onion, Cucumber, and Lemon-Mint-Feta Dressing
- Quinoa and Spinach Salad - with Roasted Veggies
- Seasonal Field Greens Salad - Greens tossed with Tomatoes, Cucumbers and Red Onions (choice dressing)
- Bernwood Chef Salad - Mixed Greens, Hard-boiled Eggs, Virginia Ham, Roasted Turkey, Swiss Cheese, and Pecan Bacon

ARTISAN SANDWICHES or WRAPS (available with house-made chips and salsa)

- Mixed Artisan Sandwich and Wrap Plate (Choice of 3 Deli Sandwiches and Wraps with Olive and Tomato Pic)
- Carver Ham and Swiss - Served on Parker house-made Rolls with Mustard and Pickle Spear
- Roasted Turkey and Pecan Bacon - Served on Parker house-made Rolls with Lettuce, Tomato, Pecan Bacon, and Tomato and Olive Pic
- Seasoned Italian - Served on Parker house-made Rolls with Lettuce, Tomato, Ham, Salami, Capicola & Provolone, seasoned with a Red Wine and Evo Vinaigrette
- Fire Grilled Vegetable - Zucchini, Yellow Squash, Portobello Mushrooms, and Roasted Red Peppers served with Hummus
- Deli Salad - Choice of Tropical Chicken Salad, Albacore Tuna Salad, Mom's Egg Salad, Ham Salad, Shrimp Salad or Seafood Salad served on choice of Artisan Bread, Wrap or Plated on Lettuce Leaf

LUNCH (served display style, buffet, plated or on-the-go) Customize with our other menu items.

These items are merely recommendations for your event. Each menu is customizable to fit your specific needs and desires. It's our mission to meet and exceed your event expectations.

PERSONAL CHEF • CATERING • CORPORATE • WEDDINGS • CELEBRATIONS • OFFICE & FAMILY MEAL PLANS



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ENTREE SALADS

- Grilled Shrimp, Chicken, or Salmon Caesar Salad - Served on Romaine Lettuce, Shaved Parmesan Cheese, House-made Croutons, Caesar Dressing
- Grilled Shrimp, Chicken, or Salmon Arugula Pear and Candied Nut Craisins - Served with Poppy Seed Dressing
- Grilled Shrimp, Chicken, or Salmon Waldorf Salad - Served on with Mixed Greens with Fresh Apple Slices, Candied Walnuts, Dried Cranberries and served with choice of dressing
- Bernwood Chef Salad - Mixed Greens, Hard-boiled Eggs, Virginia Ham, Roasted Turkey, Swiss Cheese, and Pecan Bacon

HOME COOKED MEALS (**ask us about our additional daily home-cooked luncheon meal options**)

- Traditional Roasted Turkey
- Piccata Chicken
- Pasta DuJour
- Pot Roast
- Marsala Pork, Beef or Fish
- Baked Ham
- Meatloaf
- Rosemary Chicken

HOT LUNCH ENTREES

- Fire Grilled Roasted Vegetable Ciabatta with Hummus, Red Pepper, Coulis
- Fried or Blackened Grouper Sandwiches and Salads
- Roasted Sliced Turkey - Homemade Chestnut Stuffing, Cranberry Sauce, Pan Drippings Gravy and Fresh Mash Potatoes
- Mediterranean Chicken Satay Skewers - Greek Souvlaki, Lemon Oregano and Tzatziki Sauce
- Chicken Satay Skewers - with Thai Peanut Sauce
- Jamaican Chicken Satay Skewers - with Jamaican Jerk Sauce
- Jerk Chicken Satay Skewers - with Roasted Corn and Mango Salsa
- Asian Chicken Satay Skewers - with Teriyaki Sauce
- Pulled Pork Sliders - on Parker House-made Roll served with Pickle and Olive Garnish
- Quiche - Vegetable/Lorraine: Bacon, Spinach and Swiss Cheese/Spinach and Mushroom

HOUSE-MADE DRESSINGS

- Toasted Sesame Honey Key Lime
- Mediterranean Feta
- Lemon Vinaigrette
- Avocado-Citrus Yogurt
- Mango Chardonnay
- Poppy Seed
- Evo and Red Wine Vinaigrette
- Raspberry Vinaigrette
- Southwest Ranch
- Bacon and Onion

LUNCHEON SIDES

- House Made Chips and Pico de Gallo
- Mom's Potato Salad
- Fresh Roasted Vegetable Pasta Salad
- Garbanzo Bean and Greek Feta salad
- Black Bean / Rice
- Broccoli and Carrot Slaw
- Roasted Rosemary Potatoes
- Roasted Vegetable Pasta Salad
- Triple BBQ Baked Beans, Bacon, Onions & Peppers
- Tropical Island Cole Slaw

SWEETS

- Assorted Mini Desserts
- Cheese Cake with Fresh Berry Topping
- Fruit Pies
- Mini Crème Brûlée, Cookies, Brownies, Fruit Tortes and Fresh Fruit
- Wild Berry Crisp
- Chocolate Cake
- Key Lime Pie

SNACKS

- Tropical Fresh Fruit: Plate, Kabob or Mirrored Platter with Yogurt Drizzle
- Protein Packed Snacks: Celery, Cheese, Grapes, Crackers with Nutella & Peanut Butter
- Fresh Fruit and Cheese: Mirrored Platters, Plates or Kabob
- Fresh Trail Mix and Nuts: Display or Bowls

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